

lifelines prevalence & incidence

The prevalence of health issues on baseline and the newly reported cases since baseline. These numbers are exclusively based on questionnaire data (**self-reported**) from adult Lifelines participants, from 2006 till 2016 (152,728 adult participants). Not every question was repeated in follow up questionnaires. Therefore newly reported cases are not always available (-). More detailed info on disease prevalence and multimorbidity are available on request.

Baseline — 2007 /2013

Newly reported cases — since 2011

Diabetes	Type 1 + 2 combined			
	3,800			
	1,600			
Respiratory System	Asthma	COPD / pulmonary emphysema / chronic bronchitis	Chronic throat / nasal cavity inflammation	
	13,400	8,000	8,300	
	2,000	2,200	—	
Cancer	Cancer			
	7,000			
	1,300			
Cardiovascular System	Heart valve problems	Heart failure	Stroke	Heart infarct
	1,500	1,100	1,100	1,600
	—	1,500	480	550
	High blood pressure	High cholesterol	Atherosclerosis	Pulmonary embolism
	32,000	19,400	700	1,000
	—	—	—	—
Blood	Anemia	Clotting disease		
	23,000	930		
	9,300	—		
Digestive System	Gastric ulcer	Celiac disease	Gallstones	BS (irritable bowel syndrome)
	3,800	330	5,300	14,300
	—	310	1,100	2,300
	Liver cirrhosis	Crohn's disease		Ulcerative colitis
	140	500		850
	—	130		270

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Baseline — 2007 /2013

Newly reported cases — since 2011

Kidneys and bladder	Impaired kidney function	Kidney failure	Kidney stones	Chronic urinary infection	Incontinence
	3,700 —	40 220	4,300 950	2,700 —	3,200 —
Musculoskeletal System	Fibromyalgia	Rheumatoid arthritis	RSI	Arthrosis	Osteoporosis
	4,700 1,300	3,400 1,400	3,200 1,300	11,000 8,900	2,200 1,600
	Hip fracture	Back or neck hernia	Spasticity		
	30 780	9,600 —	210 —		
Skin	Psoriasis	Eczema	Severe acne		
	4,200 —	22,900 —	4,200 —		
Central Nervous System	Epilepsy	Multiple sclerosis	Migraine	Dementia	Parkinson's disease
	1,900 550	360 —	27,400 2,200	18 100	80 100
	Schizophrenia	Depression	Manic depressive syndrome (bipolar disorder)	Anxiety disorder	Agoraphobia
	140 —	15,200 3,000	490 —	4,600 —	790 270
	Social phobia	Panic disorder	ADHD	Burnout	Dizziness with falling
	1,300 —	4,400 2,000	1,400 —	12,500 5,800	880 1,900
Others	Eating disorder	Chronic fatigue syndrome	Hepatitis B ¹	Cataracts	
	2,300 —	1,900 590	1,400 60	3,000 —	

¹ During baseline we asked for 'hepatitis' and during follow-up questionnaires for 'hepatitis B'.